





# AUTONOMIC TESTING IN CLINICAL ROUTINE

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# Learning objectives

- Basic understanding of autonomic domains
- Available methods cardiovascular / sudomotor autonomic testing
- Indications and procedures of bedside and laboratory autonomic testing
- Management implications based on autonomic results





## Key message

- History and simple bedside methods may already hint to the syndrome
- Structured autonomic testing may help to reduce recurrent emergency admissions as well as providing a patient centred approach to autonomic syndromes.





### Further reading

- Phillip A. Low, 2008: Clinical Autonomic Disorders: 3rd (third) Edition
- Walter Struhal, Heinz Lahrmann, Alessandra Fanciulli, Gregor K. Wenning, 2017: Bedside Approach to Autonomic Disorders: A Clinical Tutor



